# SELKIRK Community Pool 2024

**SCHOOL • COMMUNITY • POSSIBILITIES** The Comp 221 Mercy Street Selkirk Mb | 204 785 7310

**Registration On Line** Sunday Dec 10 8:00am selkirkcommunitypool.weebly.com

**Pool Closed** Jan 21, Feb 19 Mar 17. **Questions or concerns contact** pool manager mstamm@lssd.ca Schedule subject to change.

#### Lap Swim passes purchase online or at the pool.

10 visits - \$42.00

20 visits - \$78.50

30 visits - \$95.00

Lifeguard must punch your pass for entry to the pool. Drop in \$10.25 Aquafit Drop in \$6.25 Lap swim.

#### Aquafit pass purchase online or at the pool.

no need to commit to one class use your pass for any class. 10 visits -\$78.50

# Open Swim (Debit machine available)

Adult or Student \$6.25 Preschool child Free 0 - 4yrChild \$2.25 5 - 12yr Teen \$3.25 13 - 17yr

\$16.00

(For purposes here, we define a "family" as an adult and their immediate children to a maximum of 5).

#### Public admission entry requirements:

Limited unlocked lockers available. Do not leave valuables in the locker or change room. The facility is not responsible for loss or damage to belongings.

### Swim Admission Standards For S.C.P.



Guardian must remain within arms reach at all times.

Children 8 & older

Child can swim alone and use the deep end and the diving boards band is received

Children 6 to 9 years

If any children in the group are 5 and under, a ratio of 2:1 for your group is required.

Children 10 & older



Must pass the swim test in order to use the deep end and use the diving board.

Children 6 & 7 years

Child must complete the swim tes each time, wrist band is received. hild can use the deep end.

Guardians must be: 14<sup>+</sup> 14 years and older Within arms reach at all times Responsible for direct supervisio

in and out of the water In appropriate bathing attire Facility Swim Test

Successfully swim continuously on front, four widths of the pool in a comfortable manner Face and head must submerge Body must stay near horizontal



#### MONDAY SWIM CLASSES

Jan 8 - Mar 18 Closed Feb 19

Preschool 1 5:00-5:30 p Swimmer 2 5:00-5:45 p Swimmer 4 5:00-5:45 p Swimmer 1 5:50-6:35 p Baby Bubblers 5:40-6:10 p Swimmer 5 5:50-6:35 p Swimmer 3 6:20-7:05 p Preschool 2 6:40-7:10 p Preschool 3 6:35-7:05 p Adult 2 6:30-7:15 p Swimmer 1 7:10 - 7:55 p Aquafit 7:30-8:30 p

#### **TUESDAY SWIM CLASSES**

Jan 9 - Mar 21

Lap Swim 4:00 - 5:30 pm Swimmingly 5:30-7:00p Special Olympics 7:00-8:30 pm

# WEDNESDAY SWIM CLASSES

Jan 10 - Mar 13

Aquafit 4:00-5:00 Preschool 2 5:00-5:30 Baby Bubblers 5:15-5:45 Preschool 1 5:00-5:30 Adult 1 5:15 - 6:00 Preschool 1 6:05 - 6:35 Swimmer 3 5:50- 6:35 Swimmer 4 5:35 - 6:20 Swimmer 2 6:40 -7:25 Preschool 3 6:40 - 7:10 Swimmer 1 6:25-7:10 Swimmer 3 7:15 - 8:00 Swimmer 4 7:30-8:15

Swimmer 6 7:50 - 8:25

# MORNING ADULT FITNESS PROGRAMS

Jan 8 - Mar 22

Lap Swim Mon - Fri 7:00-8:30 am

#### SWIM FOR LIFE AQUATIC **REGISTRATION GUIDELINES**

4 - 5 vr olds

Preschool lessons \$78.50

Preschool 1

Preschool 2

6 + yr olds

Swimmer Lessons \$90.00

Swimmer 1

Swimmer 2

Swimmer 3

Swimmer 4

Swimmer 5 Swimmer 6

Rookie, Ranger, Star



# LEADERSHIP COURSES

Bronze Star for swimmer under 12 vr Bronze Medallion 13 yr old or Bronze star completed Bronze Cross must have Bronze Medallion. Swim for Life Instructor must be 15 and Bronze Cross. National Lifeguard 15 yr old, Bronze Cross and SFA CPR C

# THURSDAY SWIM CLASSES

Jan 11 - Mar 14

Lap Swim 4:00-5:30 Preschool 2 5:00-5:30 Baby Bubblers 5:15-5:45 Swimmer 3 5:00-5:45 Preschool 1 5:50 - 6:20

Swimmer 1 5:50- 6:35

Swimmer 4 5:35 - 6:20

Swimmer 2 6:25 - 7:10

Swimmer 5 6:40-7:25 Preschool 1 7:00 - 7:30

Aqua Zumba 7:30 -8:30pm

#### FRIDAY SWIM CLASSES

Jan 12 - Mar 15

Aquafit 9:00-10:00am Swimmer 5 5:00-5:45

Rookie Ranger 5:00-6:00 Preschool 1 5:00-5:30

Preschool 2 5:35 - 6:05

Swimmer 1 5:50 - 6:35 Swimmer 3 5:50 - 6:35

Bronze Star 6:00-7:00

Swimmer 4 6:10 - 6:55

Swimmer 2 6:40- 7:25 Preschool 1 6:40 - 7:10

Open Swim 7:30-9:00pm

#### SATURDAY SWIM CLASSES

Jan 12 - Mar 16

Aquafit 9:00-10:00 Baby Bubbler 10:00-10:30am Lap Swim 10:30-12:00 Open swim Noon - 2:00pm Pool bookings 2:00-4:00

#### **SUNDAY POOL SCHEDULE**

Jan 14 - Mar 10

Closed Jan 21, Feb 18

Open Swim Noon - 2:00 Pool Bookings 2:30-3:30

#### **REFUND POLICY**

• Refunds must be requested one week prior to course start date less \$15 admin fee.

 For courses cancelled due to insufficient enrollment you will be notified by email and money will be refunded in full.

No make up classes offered for weather or mechanical closures.

# SCP is a proud host to many programs.

Lifesaving Society programs Special Olympics Swimming **Swimmingly Dolphins Swim Club Dolphins Swim Academy Private Lessons** 

rcmswimschool@gmail.com Aquafit

Aqua Zumba by Jan